

JOYFUL QUEST WITH SANCTUM WELLBEING RESIDENCE

28th April to 9th May, 2024

*reach physical edge and
mindful euphoria*



Celebrate your personal and collective strength at Sanctum, a sanctuary for self-care amidst uncertainty, loneliness, and anxiety. Express yourself freely and explore your physical, emotional, and spiritual boundaries without fear of judgment.

The unique Sanctum method combines kundalini yoga, martial arts, and more, harnessing your body to enhance mental and physical well-being.

Founded by partners Luuk Melisse and Gabriel Olszewski, Sanctum invites open-minded individuals to a transformative experience. Led by Melisse, embark on a journey of dance, philosophy, and dynamic activities designed to enrich your life through movement, sound, and mindfulness.

JOALI BEING

SANCTUM WELLBEING RESIDENCE

Embark on a joyful quest guided by Luuk
Melisse, co-founder of Sanctum.

From modern dance to Eastern philosophy,
from Kundalini to HIIT, from profound
silence to electronic music... Luuk draws
on his incredibly varied journey to lead
JOALI BEING guests through an enriching
programme of cathartic movement, sound
journeys, mindful hikes, and signature
ceremonies.

Sunday, 28th April

Sanctum Sunset Special

THE ART OF BALANCE

5:30 pm

USD 150 per person

FLOW/MOJO Beach/Deck

Tuesday, 30th April

Sanctum & Sound Journey

RELEASE AND REWIRE

5:00 pm

USD 150 per person

LOTUS

Wednesday, 1st May

Sanctum Mindful Beach Hike

with Cathartic Ocean Dip

ACCEPT NATURE

9:00 am

USD 150 per person

Water Villas Beach

Friday, 3rd May

Sanctum Sunrise Ritual

SURRENDER TO WHAT IS

6:00 am

USD 150 per person

Ocean Sala

Saturday, 4th May

Sanctum Sunset Special

LET GO OF YOUR EGO

5:00 pm

USD 150 per person

FLOW/MOJO Beach/Deck

Sunday, 5th May

Sanctum Mindful Beach Hike

DROP EXPECTATIONS

9:00 am

USD 150 per person

Turtle Treehouse/Water Villas Beach

Monday, 6th May

Sanctum & Fire Ceremony

NEW BEGINNINGS

5:00 pm

USD 150 per person

FLOW/MOJO Beach

Wednesday, 8th May

Sanctum Beach Hike

GAIN NEW PERSPECTIVES

9:00 am

USD 150 per person

Turtle Treehouse/Water Villas Beach

Thursday, 9th May

Sanctum, Yin & Sound Journey

RECONNECTION

5:00 pm

USD 150 per person

LOTUS

JOALI BEING

For more information or bookings, please contact your Jadugar.